

## STAY SEA SAFE

**Follow Government advice:**  
Follow Governments social distancing advice at all times.



## BEACH BOUND



**Check the water quality**  
Download and check the Safer Seas Service App for water pollution alerts.



**Be prepared**  
Check the weather forecast and remember your refillable water bottle, ocean friendly sun cream and some warm clothes.



**Tell someone**  
Let someone know where you're going and when you'll be back.



**Stay local**  
Walk or drive to your nearest beach where possible, not your favourite beach.

# THE SOCIALLY RESPONSIBLE BEACH GUIDE

## AT THE BEACH



**Be aware**  
Obey all signage and if available, be sure to follow lifeguard's advice at all times. Remember, the tides and wind can rapidly change.



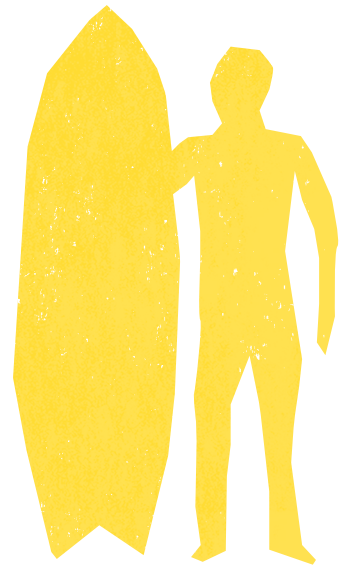
**Keep your distance**  
Observe social distancing and keep 2m apart from others, including when you're in the water. If it's too busy, come back later.



**Know your limits**  
We aren't all pro's, so swim, surf and enjoy the water within your abilities and let's help protect our emergency services.



**Enjoy it**  
The water is great for mind and body so enjoy it, be thankful for it and help look after it.



## HEADING HOME

**Do a mini beach clean**  
Take everything you came with home and if you see rubbish please pick it up. Every piece of plastic pollution removed from the beach is a victory for the ocean.



**Home time**  
Avoid gathering in groups and head home as soon as you're done. Don't forget to wash your hands and gear, as soon as possible.

